Northumbria Healthcare NHS Foundation Trust

Profile of Learning Opportunities

Tynemouth Court EMI Continuing Care Unit
Hawkey’s Lane
North Shields

Psychiatry of Old Age Service

Telephone – 01912196603/2196602

Updated and amended by: Hayley O’Neil. Staff Nurse, Tynemouth Court (2008)
Student Link Nurse for Tynemouth Court: Hayley O’Neil, Staff Nurse
Psychiatry of Old Age Service (P.O.A.S), is a joint venture between Northumbria Healthcare NHS Foundation Trust and North Tyneside Council.

Social Workers and support workers within the service are employees of North Tyneside Council and are line managed by the team leader of the Mental Health Group in Care in the Community. All staff receive supervision and professional development from the team leader of elderly services.

Nursing staff within the service are employees of Northumbria Healthcare NHS Foundation Trust and are line managed by the clinical team leaders of P.O.A.S.

Occupational therapists are line managed and access professional development through the Community Disabilities Service, based at North Tyneside General Hospital.
Mission Statement.

P.O.A.S aim to provide a high quality service that is locally based. It is responsive, accessible and effective in its holistic approach to caring for elderly people with mental health problems.

The service also aims to educate and support carers in its efforts to detect mental health problems in the elderly.

By using a holistic approach, every person has the right to an allocated care co-ordinator and be treated as an individual and with dignity and respect. The service aims to keep the individual informed of their treatment and care that they are receiving.

The objective of the service is to reduce duplication of services, avoiding confusion amongst potential referrers. It also offers a single accessible entry gate to the Mental Health Services for Older People.

The service also offers multi-disciplinary assessments, using the experience of the team and maintain close links with other agencies working with this client group.
Tynemouth Court is a 44 – bedded unit comprising of two sub-units – West and East View.

West View offers beds for male clients, who suffer from dementia, who have challenging behaviours associated with their illness. The types of dementia that clients suffer from include Alzheimer’s disease, frontal lobe dementia, vascular dementia, sub – cortical dementia and Lewy bodies type dementia. Rarely do have clients who suffer from an acquired brain injury and/or psychotic illness. All clients on West View have some aspect of challenging behaviour associated with their illness.

East View also have clients suffering from illnesses, such as those outlined above, though there are clients who are more physically frail, though many continue to display some degree of challenging behaviour.
Tynemouth Court Philosophy

The staff at Tynemouth Court endeavour to deliver a seamless, effective package of care, using a holistic therapeutic approach to the clients and their needs.

Staff aim to empower clients and promote independence as much as possible, assisting them to function at their optimum level, whilst encouraging them to assist staff with their personal care, social, psychological and other physical care needs, whenever appropriate.

With active reflective practice, enabling staff to become effective reflective practitioners, nursing staff will achieve good nurse/client relationships, engrossed in dignity, honesty, confidentiality, respect, empathy, sympathy, listening skills, understanding and being aware of their needs and the clients condition.

Staff will have knowledge of the different types of dementia and know the ‘make-up’ and course of the illnesses the clients suffer from, which is based on theoretical knowledge and the experience of staff. The educational needs of staff are highlighted within their KSF Appraisals, through clinical supervision and educational teaching sessions.

Activities on the units are on-going, involving not only clients, but their families and friends, keeping them informed of the needs of their relatives through guidance and support from staff.

Each client has a named nurse, who acts as their key-worker and there are also allocated co-workers, working with each client. These named nurses are responsible for assessing, planning, implementing and evaluating the care the clients and ensuring all relevant risk assessments are regularly re-evaluated for each client.
What Can We Offer Students??

1. Supportive, democratic environment, which is conducive to learning and educational needs
2. Opportunities for gaining knowledge, skills and experience.
3. Reflective opportunities encouraged (i.e. encouraging students to maintain a reflective diary and engaging in critical incident analysis with mentor).
4. Allocation of a qualified mentor, who is registered with UNN.
5. Regular teaching sessions.
6. Time on placement to be split between East and West view
7. Opportunities to spend time with CPN’s and visit other wards that form the rest of POAS.
8. A forum to express their needs, if/when any issues or problem arises via the student nurse and their mentor.
9. A better understanding of nursing patients’ with dementia and their challenging behaviours.
10. Achieving goals/objectives, which is student lead within the working environment, involving problem solving.
Learning Zone

Holistic Approach Within POAS.

Moving and Handling  Opticians

Health and Safety Maintenance  Dieticians

Hairdressing Services

Pharmacy  Clinical psychologists

Speech and Language therapists  Religious Representatives

Consultant Psychiatrists

POAS Tynemouth Court

Physiotherapy

Infection control team

Tissue Viability Nurses

Dentists  Relatives  Podiatry  Education sessions

Social Workers  Occupational therapists  Liaison Nurse

Cognitive Therapists  SHO’s
### Learning Zones

<table>
<thead>
<tr>
<th>KEY ELEMENTS</th>
<th>LEARNING OPPORTUNITIES</th>
<th>RESOURCES</th>
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<tbody>
<tr>
<td>Challenging behaviour</td>
<td>Teaching sessions</td>
<td>Ward Team and other MDT members</td>
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<td></td>
<td>Observations</td>
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<tr>
<td></td>
<td>Discussions</td>
<td></td>
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<tr>
<td>Reflective Practice</td>
<td>As above</td>
<td>Ward team</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Theoretical knowledge</td>
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<tr>
<td>Understanding dementia/patient presentation</td>
<td>As above</td>
<td>Medical team</td>
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<tr>
<td></td>
<td></td>
<td>Ward nursing team</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Theoretical knowledge</td>
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<td></td>
<td>Experience</td>
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<tr>
<td>Communication skills and using them effectively in practice</td>
<td>As above</td>
<td>As above</td>
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<tr>
<td>Assessment skills and assessment tools</td>
<td>Documentation</td>
<td>As above</td>
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<tr>
<td>Formalising Care plans</td>
<td>Discussions</td>
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<tr>
<td>Medication Protocols and procedure</td>
<td>As above</td>
<td>As above</td>
</tr>
<tr>
<td>Ward Management (mainly relevant to 3rd year students)</td>
<td>Leadership skills</td>
<td>Trust policies</td>
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<tr>
<td></td>
<td>Discussion</td>
<td>Ward team</td>
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<tr>
<td></td>
<td>Co-ordination</td>
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<td>Organisation</td>
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Expectations of the Student.

1. Demonstrate a willingness to learn and work as part of the nursing team under supervision for the duration of your placement.
2. Arrive and leave on time
3. Agree shifts and any other issues relating to this with your allocated mentor.
4. Adhere to the correct polices and procedures whilst working across both units and ask questions if unsure.
5. Work under the supervision of staff during your placement.
6. Agree plans to achieve your clinical competencies with your mentor.
7. To work as part of the nursing team for the duration of the placement.
8. Adhere to the correct dress code.
9. Use the placement as much as possible to gain valuable experience

Shift Patterns.

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<tr>
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<th>Time</th>
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<tbody>
<tr>
<td>Early</td>
<td>07.30 – 15.30</td>
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<tr>
<td>Late</td>
<td>12.30 – 20.30</td>
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<tr>
<td>Longday</td>
<td>07.30 – 20.30</td>
</tr>
<tr>
<td>Night</td>
<td>20.15 – 07.45</td>
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Dress code

Dress code is fairly open, though no jeans to be worn and all piecings to be removed for health and safety and infection control policies to be fully adhered to and for personal safety.