Paediatric Placement
Physiotherapy Student Placement
Wansbeck General Hospital

Pre-placement Pack

- Northumbria Healthcare NHS Trust
  General Information
- Location map
- Hospital map
- School sites map
- Paediatric placement details

Induction Plan

- Learning objectives and weekly plan
- Weekly diary
- Portfolio of learning opportunities
Placement /Speciality

Based at Wansbeck General Hospital – Community Paediatrics

Clinical Educators

Emma Burn
Gill Oliver

Contact Address

Physiotherapy Department (Paediatrics)
Wansbeck General Hospital
Woodhorn Road
Ashington
Northumberland
NE63 9JJ

Tel. No. 01670 564010 (Reception – direct line)

Email Address

Emma.burn@northumbria-healthcare.nhs.uk

First Day

Report to : Gill Oliver
Where: Physiotherapy Department, Wansbeck General Hospital
When: 9:00 a.m.

Hours

9:00 a.m. – 4:00 p.m. with ½ hour lunch break – time may vary
These times may be subject to change – depending on daily schedule.

Time tabling

Meeting points may vary from day to day but you will be given a timetable at the start of the placement.

Access

Rail - No
Bus - X31, X32, X33
Road - A189

On site Parking

Yes - (On your first day - Please contact Gloria Calder, In-patient /Paediatric Secretary for a parking permit).
Map Included
Yes

Uniform Required

There is no formal uniform required on this placement, but you are expected to maintain a professional appearance.
Navy trousers/tracksuit bottoms
White polo tops
Trainers allowed
You may also need a swimming costume for hydrotherapy

Study Leave

Any study leave you are entitled to can be discussed at the commencement of your placement.

Common Conditions Students May See

Cerebral Palsy
Genetic Conditions
Developmental Delay
Pre-term Babies
Cystic Fibrosis / Bronchiectasis
Paediatric Orthopaedic Conditions

Suggested Pre-Reading List

Bly L (1994) Motor Skills Acquisition in the First Year
An Illustrated Guide to Normal Development
Therapy Skill Builders

Bly L (1999) Baby Treatment, Based on NDT Principles
Therapy Skill Builders

Eckersley P M (1993) Elements of Paediatric Physiotherapy
Churchill Livingstone

Finne N Handling the Young Cerebral Palsied Child at Home
Heinemann

Sheridan M D From Birth to Five Years – Childrens’ Developmental Progress
Nfer-Nelson

Shepherd R B Physiotherapy in Paediatrics
Heinemann

Some of the above books are available to borrow from the Paediatric Library.
Library

The hospital library, which is situated in the Education Centre, is open 9 am – 5 pm Monday to Friday and is staffed by a librarian. There is no out-of-hours opening access.

General Access for Northumbria Students

- **Borrowing** – Physiotherapy students - 4 books
- **Photocopying** – 5p per A4 sheet
- **Inter-Library loans** – No
- Reference access to library
- No enquiry service
- Provides induction training
- No help with literature searches
- No training in literature searching
- Provides 10 individual study spaces
- Provides meeting rooms for group study, they can be booked via Education Centre Manager

Electronic Access for Northumbria Students

Two stand-alone computers are available with Microsoft Office. All other computers require a Trust login.

- Access to electronic resources
- No access to stand alone CD ROM databases
- Access to the NHSnet – 4 workstations available
- Access to the Internet – 4 workstations available
- No directional access to hylife/blackboard
- May provide organisational (NHS) passwords for Physiotherapy students who are based in the Trust for the whole of their course – contact Practice Placement Facilitator.

In addition to the hospital library the Physiotherapy Department has a resource room which has a selection of textbooks, journals and Internet access.
Patient Physiotherapy Placement – Paediatrics

Paediatric Physiotherapy Team

The Clinical Director of Physiotherapy for Northumbria Healthcare NHS Trust is Catherine Carr.

Karen Manners, Superintendent Physiotherapist, has managerial responsibility for the In-patients Physiotherapy Team at Wansbeck General Hospital in addition to the Community Paediatric Team, also based at Wansbeck General Hospital.

Clinical Directory of Physiotherapy

Supt. II Physiotherapist – In-patients / Paediatrics

Supt. III Physiotherapist – Paediatrics

Senior I  Senior 1  Senior 1  Senior 1

Senior II

Physiotherapy Technical Instructor III

Physiotherapy Assistant

At present the following staff are in post in the Paediatric Physiotherapy Team:

Superintendent III Physiotherapist / Extended Scope Practitioner in Children’s Orthopaedics

June Blackett

Senior I Physiotherapists

Emma Burn  25 hours per week
Andrea Mitchell  32 hours per week
Gill Oliver  Full-time
Sue Row  30 hours per week

Senior II Physiotherapist

Ruth Baxter  Part-time North Tyneside General Hospital / Part-time Wansbeck General Hospital
Physiotherapy Technical Instructor, Level III

Andrea Daley  Part-time - Monday / Tuesday / ½ day Wednesday

Physiotherapy Assistant

Jen Lonsdale  Part-time – Wednesday / Thursday / Friday

Sites

Wansbeck General Hospital
Abbeyfields First School
Seaton Hirst Middle School
Hirst High School

Service Provision

The service provides physiotherapy assessment, treatment and advice to children between 0 – 19 years of age. Advice and support is offered to children, their parents and carers, schools and to other involved agencies and support services from health, education and social services.

The senior staff in the team a very experienced physiotherapists with particular extra specialisation in

- Paediatric orthopaedics
- Developmental co-ordination disorder
- Muscular dystrophy
- Neuro-developmental paediatrics
- Functional electrical stimulation

Other Services Provided

- Hydrotherapy
- Groups for orthopaedic rehabilitation and developmental co-ordination disorder
- Joint clinics with orthopaedic consultant and consultant neonatologist.

Referral Pathways

Referrals can be made through various routes, both within health and education.

We receive referrals from Consultants, GPs and Health Visitors. Referrals are also made from other health professionals such as Occupational Therapy and the Community Nursing Service. We receive referrals from within education. Professions that refer are the Portage Service, Educational Psychology and SENCOs.

The age of the child and reason for referral will determine where the child will be seen and the assessment that is carried out.

Pre-school children are usually seen at home. We may also visit any day-care establishment that they are using, both within the statutory and private sectors.
School age children may receive physiotherapy assessment and treatment within school, home or the physiotherapy department at Wansbeck General Hospital. We also operate outpatient clinics at Cramlington, Blyth, Bedlington, Guide Post and Morpeth.

**Preparation for Paediatric Placement**

Students are expected to carry-out the following work prior to commencing the placement:

Background reading on conditions  
Physiotherapy Management of Paediatric Conditions  
Individual SWOT analysis

**Aims & Objectives**

**Aims of placement**

1. To gain knowledge and experience in the physiotherapy assessment, treatment and management of children with Neuro-developmental and orthopaedic conditions.

2. To gain experience of multi-disciplinary team working and understand the role of each team member.

**Objectives**

1.1 To assess children and formulate an effective treatment / management plan.

1.2 To formulate aims and objectives of treatment / management.

1.3 To be able to evaluate the effectiveness of treatment.

1.4 To gain experience in the moving and handling of children with Neuro-developmental conditions.

1.5 To gain experience in the use of postural equipment with children with Neuro-developmental conditions.

1.6 To be able to adapt level and type of communication to establish a rapport with children.

2.1 To establish a professional relationship with members of the multi-disciplinary team.